



Learn the essential EFT skills and techniques
from a certified EFT Master



Attendees get a **FREE gift** (see below)

The Foundational EFT Workshop

Having already been introduced to the **Emotional Freedom Technique**, the **two-day Level 2 EFT workshop** is the next major step forward. This Level 2 workshop is the most important EFT workshop and teaches a full set of **the foundational EFT skills**.

These **essential EFT skills and techniques** are needed to consistently get results from using this extraordinary technique with yourself or with others. Anyone who will be **self-applying EFT** or who is serious about his/her own **personal growth** will benefit greatly from this workshop. And, this is a vital step for those on the way to becoming **EFT practitioners**.

These techniques are **simple** and **remarkably easy to learn** and together they form a **reliable foundation** to build on and provide you with **the tools** needed to address even challenging issues. You will get a feel for the amazing **breadth, depth and potential** of EFT. EFT has **many uses** from effectively *reducing stress* in day-to-day living, to *dissolving emotional pain*, to *improving performance* in life, and facilitating *profound personal and spiritual growth*.

With the help of a certified EFT master, you will explore, learn or practice:

- Explore **why** EFT works (in greater depth). There is a LOT more to EFT than just the tapping!
- Personal problems are made up of one or more (or many) "**aspects**" (such as negative **emotions** and **feelings**, limiting and negative **beliefs**, and painful **memories**).
- Learn the best strategies for **working with a complex problem** and how to locate the specific "aspects" that make up that problem (and then tap on them individually).
- What to do when EFT is **slow** or does not seem to be working on a particular issue.
- At the **core** of many problems are **unresolved upsets** or **painful experiences**.
- Learn and experience the *simple* but highly effective EFT techniques to **dissolve** the **emotional pain** connected with painful memories. This is EFT at its amazing best!
- Learn some really simple approaches to locate the underlying **roots** of a current issue (when needed) to achieve more lasting results.
- Learn how to eliminate **negative beliefs** and replace them with **useful beliefs**.
- Hints and tips on how to **self-apply EFT** more effectively; how to use EFT with **children**, etc.
- Approaches to locate the underlying negative emotions manifesting as **physical issues**.
- How to use EFT to uncover and remove blocks to achieving your **important goals**.
- Plus, excellent **documentation** and a **certificate** on completion.

Dates: **Saturday and Sunday, the 18th & 19th of September 2010.**

Enrolment from 9:30 AM on Day One for a 10 AM start to around 5 PM.

VENUE: Board room, **Suite 5, 531 Hay Street, Subiaco**, which is walking distance from the nearby Subiaco railway station. Car park behind the ACE cinema.

Pre-requisite: Level 1 **or** an introductory EFT Workshop **or** an *equivalent* intro to EFT including self-taught.

Cost: **\$395** with **discounts** for groups, pensioners, financial hardship, or similar.

And, you will get a Free Gift - a copy of all "The EFT Course" DVDs
i.e. the entire set of **seven** EFT DVDs if you don't already have them. Essential viewing.

Registration: Phone Peter on **(08) 9487 8363** **or** email to pgraham@tap4peace.com.au

Web site: www.integrative-clearing.com.au or www.tap4peace.com.au

Peter Graham, certified EFT Master and EFT Cert-Honors (by Gary Craig)



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Notice: This workshop is primarily an educational activity and, even though we will work with real feelings and actual experiences, it is not intended as a therapy or as a substitute for the recommendations of health-care providers.