



Learn the essential EFT skills and techniques
from a certified EFT Master



Attendees get a **FREE gift** (see below)

The Foundational EFT Workshop

Having already been introduced to the Emotional Freedom Technique, the two-day **Level 2 EFT workshop** is the next step forward. This workshop is **the most important of all the EFT workshops** because it teaches the *core EFT skills and techniques* that form the **foundation** that *all* the more advanced applications of EFT are built on and depend on.

These **foundational EFT skills and techniques** are needed to consistently get results from using this extraordinary technique with yourself and/or with others. Anyone who will be **self-applying EFT** or who is serious about his/her own **personal growth** will benefit greatly from this workshop. And, this is a vital step for those on the way to becoming **EFT practitioners**.

These techniques are **simple** and remarkably **easy to learn** and they provide you with **the tools** needed to address challenging issues. You will get a feel for the amazing **breadth, depth and potential** of EFT. EFT has **many uses** including effectively *reducing stress* in day-to-day living, dissolving *emotional pain*, improving *performance* in areas of life, expanding your *comfort zones*, and facilitating *profound personal growth*.

With the help of a certified EFT master, you will explore, learn or practice:

- Explore **why** EFT works (in greater depth). There is a LOT more to EFT than just the tapping!
- Personal problems are made up of one or more (or many) **“aspects”** (such as negative **emotions** and **feelings**, limiting and negative **beliefs**, and painful **memories**).
- Learn the best strategies for **working with a complex problem** and how to locate the specific **“aspects”** that make up that problem (and then tap on them individually).
- What to do when EFT is **slow** or does not seem to be working on a particular issue.
- At the **core** of many problems are **unresolved upsets** or **painful experiences**.
- Learn and experience the three *simple* but highly effective EFT techniques for **dissolving the emotional pain** connected with **painful memories**. This is EFT at its amazing best!
- Learn some useful approaches for locating the **underlying roots** of a current issue (when needed) to achieve deeper and more lasting results. These are very important.
- Learn how to use EFT to eliminate **negative beliefs** and replace them with **useful beliefs**.
- Hints and tips on how to **self-apply EFT** more effectively; How to use EFT with **children**, etc.
- Approaches to locate the underlying negative emotions manifesting as **physical issues**.
- An introduction to **reframing**; Removing blocks to achieving your **important goals**.
- Using **intuition** when doing EFT; Level 2 is a **pre-requisite** for **all** the advanced EFT workshops.
- Plus, excellent **documentation** and a **certificate** on attendance (which can then, if desired, be followed by a **certification program** to become an AAMET **Certified Level 2 EFT Practitioner**).

Dates: Saturday & Sunday, the 23rd & 24th of June 2012.

From 10 AM to around 5 PM each day.

VENUE: The Midwest Room, State Library of Western Australia, 25 Francis Street, Northbridge.

Pre-requisite: Level 1 EFT Workshop or an *equivalent* skill set.

Cost: \$395 or **just \$75** if re-doing it to *refresh* your foundational skills or *prepare* for an advanced EFT workshop.

And, **you will get a free loan of all “The EFT Course” DVDs**, i.e. the entire set of **seven** EFT DVDs by Gary Craig (if you don't already have them). **Absolutely essential viewing for EFT skill development!**

Registration: Phone Peter on (08) **9487 8363** or email to pgraham@tap4peace.com.au

Web site: www.tap4peace.com.au or www.integrative-clearing.com.au

Peter Graham, certified EFT Master (by Gary Craig) and certified EFT Trainer

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Notice: This workshop is primarily an educational activity and, even though we will work with real feelings and actual experiences, it is not intended as a therapy or as a substitute for the recommendations of health-care providers.

