



Learn how to use EFT with greater precision, effectiveness, depth and thoroughness



The powerhouse Level 3 EFT Workshop

Saturday to Monday, the 15th to 17th of November

The world of EFT is continually growing, evolving and developing and new developments and discoveries are shared around the globe. EFT has advanced a great deal over the last decade and especially over the last five years.

Some of these developments enhance EFT's capability to facilitate healing more deeply and thoroughly. Some of these advances help us make real progress with even the most challenging or resistant issues. This evolution also shows that EFT is not just a tool for phobias or emotional issues but is also a powerful tool for personal and spiritual growth.

The three-day advanced Level 3 EFT workshop is ***the next step*** after the **Level 2 EFT Workshop** (or the earlier two-day **Foundational EFT Workshop** or an equivalent skill set), which included the *essential EFT skills and techniques* that together form the necessary foundation for advanced EFT skills.

Purpose

The purpose of this advanced EFT workshop is to be able to heal emotional and related issues *with greater precision, effectiveness, depth and thoroughness*.

This workshop is primarily for *practitioners* (professional and non-professional) but is also for *anyone* who is *serious* about his/her *own personal growth* or who has a strong desire to *help others to grow and expand*. It is also suitable for those who are already experienced EFT'ers (including those who are self-taught). It is an important stepping-stone on the path to becoming *masterful* in using EFT. A **Level 3 Certificate** awarded.

The techniques taught on this workshop have many applications. You learn a powerful set of *emotional clearing techniques*, which (when skillfully applied) can be used to systematically resolve virtually any upset, problem or painful experience.

What will you get from this workshop?

- It will take your EFT skills and results to a whole new level and show the amazing **breath and depth** that EFT is capable of.
- You will be much better equipped to more efficiently dissolve **negative feelings and emotions** and make progress with **highly resistant emotional issues**.
- You will learn and experience eliminating **negative or limiting beliefs** and replacing them (where needed) with positive (useful) beliefs.
- You will be able to heal emotional problems more deeply and be able to locate their **underlying issues or traumas** with **much greater precision**.
- You will learn advanced methods for resolving **overwhelmingly traumatic experiences** that have had serious and **lasting negative consequences**.
- You will have **more tools to choose from** and be better able to select **the right tool for the right job**.

Therapists, counsellors, coaches and healers will find this EFT toolkit to be outstandingly useful. EFT blends well with many other techniques, approaches and modalities.

Overview

The following provides an outline of the workshop. For a *more detailed description* of the contents of this workshop, visit my web site www.integrative-clearing.com.au.

- It will start off with a brief review of the most essential EFT skills, *the most important foundational skills* that make a BIG difference and which advanced EFT skills are built and depend on.
- You will learn, discuss and explore: Important strategies to get to *core issues*, "zeroing in" on *underlying issues*; using *imaginary incidents*; the use of *intuition* when doing EFT; how and when to do *continuous tapping*; the use of *exaggeration and humour*, the value of *reframing* a problem; the many ways of *testing* our work; resolving *highly resistant issues*; getting to the bottom of *polarity reversal*; healing a *wounded inner child* with EFT; overcoming *self-sabotage*; resolving the lasting effects of *heavy-duty traumatic events*; improving *performance* in life, fun, relationships and work; why EFT and *the Law of Attraction* are best friends; how to use EFT to *wake up from a trance-like state*; and *more!*
- You will also be introduced to *two other energy techniques* that *complement* EFT, including the useful Describing Technique. Both can be used with EFT or as standalone techniques.
- You will learn how to *clear beliefs* by resolving *attachments* to unhelpful, destructive or limiting beliefs. This section involves a *specialized use of EFT* for this purpose.
- There will be a brief but important discussion on *basic counselling skills*.

Practitioner Skills

This workshop is essentially *a practitioner level workshop* that can lead to becoming a *lay practitioner* (competent but non-professional) or a *professional EFT facilitator*. However, it is also suitable for anyone who wishes to learn these advanced skills for use with themselves or others. After all, if you use EFT with yourself, you are *your own practitioner* and you will want to have *the best practitioner you can get!*

Healing Relationships

These advanced EFT skills are particularly useful in healing relationship issues. Many relationships deteriorate largely because of an *accumulation* of unresolved upsets, experiences and issues. This accumulated *emotional pain* can prevent those involved from *being present (in the now) with each other* and may lead to conflict or polarization. These skills and tools can be used to effectively heal *earlier emotional wounds* (including from earlier relationships or childhood) that may be interfering in a current relationship.

DATES

The next Level 3 EFT workshop will be held **over three consecutive days from:**

Saturday to Monday, the 15th, 16th & 17th of November (10 AM to 5 PM).

Note: If you can't attend on the Monday, please discuss this with Peter as there may be some other options.

Venue: The Board room, Suite 5, 531 Hay Street, Subiaco (for Day One, the Saturday). Entry via the stairs. The venue for days 2 & 3 may be different.

Lunch is fully provided. **Contact** (on the day): 0400 830 798.

Registration: Contact Peter on (08) **9381 4112** or email him at pgraham@inet.net.au.

The course fee is just **\$595** - but only \$195 for those re-doing this workshop *again or* for those who did the earlier "Advanced Emotional Clearing workshop" (2004 to 2005).

Peter Graham, certified EFT Master and EFT Honors certification (by Gary Craig).

6th November 2008

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