



EFT is an Invaluable Tool for the Journey of Life



Learn EFT from an EFT Master

An **Introductory EFT Workshop (Level 1)** will be held on

Sunday, the 26th of February 2012 (10 AM to 5 PM)

Learn and experience the full EFT tapping technique, and more!

\$175 for this comprehensive hands-on introduction to EFT.

Venue: The Midwest Room, State Library of WA (Northbridge).

Register now: Contact **Peter Graham** on

(08) **9487 8363** to **book your place(s)**, or

Ask for an **Information Pack** to be posted to you

or **download** it from www.tap4peace.com.au

Recurring or persistent **emotional and personal issues, stress, negative reactions, self-esteem and performance issues etc.**

are wholly or partly made up of *negative feelings and emotions, disempowering beliefs, and unresolved painful memories.*

Such issues tend to keep manifesting until they are resolved.

EFT is a highly effective tool to help resolve these issues.

EFT Endorsements

"EFT offers **great healing benefits**" - **Deepak Chopra** MD, author of over 40 books;

"EFT and the **Law of Attraction** are **Best Friends**" - **Michael Losier**, author of "**Law of Attraction**";

"EFT is at the **forefront** of the new healing movement" - **Candace Pert**, PhD author of "**Molecules of Emotion**" and featured in the movie "**What the Bleep Do We Know**";

"EFT ... has proven to be an **essential key** for getting the **Law of Attraction** principles to work in your life." - **Bob Doyle**, featured in the movie "**The Secret**";

"EFT is destined to be a **top healing tool** for the 21st Century" - **Cheryl Richardson** scientist and author of "**The Unmistakable Touch of Grace**";

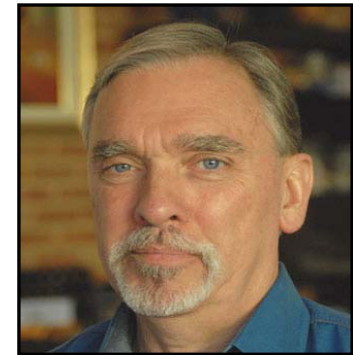
Visit www.tap4peace.com.au for more info on EFT.

What is EFT?

The **Emotional Freedom Technique** is a widely used "**energy technique**" which is used by tens of thousands of people to eliminate **negative emotions and feelings**, remove attachments to **limiting beliefs** and dissolve accumulated **emotional pain**. EFT can be **self-applied** and is **easy to learn**. It can also be used with friends, kids, etc. as well as for personal issues.

EFT is also known as "**the tapping technique**." This simple technique helps to *get to the core of an issue* by *clearing disruptions* in the body's **energy system** by **tapping on** (stimulating with the fingers) certain specific **acupressure points** while, *at the same time*, **tuning into** a particular unwanted feeling, emotion or issue.

Private EFT sessions are available as well as **EFT workshops** (and optional practitioner training with certification). EFT has **a wide range of uses** including **reducing stress**, healing **emotional pain**, facilitating **personal & spiritual growth** and finding **inner peace**.



Peter Graham is a certified **EFT Master**, the highest EFT credential. He is an experienced counsellor and relationship coach with over 20 years in practice. Peter runs four EFT workshops from introductory to advanced. He is also trained in three other "energy techniques" i.e. TFT, TAT and BSFF. EFT is his primary technique because of its simplicity, effectiveness and flexibility.

EFT Workshop Attendees

"So beneficial, it is close to magical. The workshop was great - new level of ease and professionalism." - name withheld by request.

"It is great to experience first-hand how EFT eliminated emotional traumas in myself and others in next to no time" – Marilena.

"Totally amazing. One of the most valuable things I have ever done." – Carla van Raay.

"EFT got to a very deep hidden issue plaguing me all my life and cleared it in 15 minutes. Amazing!" Ivy.

"Quick, effective and very powerful. My anxieties dropped so quickly (in intensity), then disappeared" - Kelly C.

"Once I came to the realization that my emotional problem was deep anger, with Peter's help and EFT, it just went." – Ann.