



Is it Inner Peace that you seek?



Learn EFT from an EFT Master

An introductory **Level 1 EFT Workshop** will be held on **Sunday, the 2nd of November 2008**

10 AM start to 5 PM. A light lunch provided.

Venue: Mary MacKillop Centre, **16 York St., South Perth.**

A Level 1 evening workshop (not same venue) will also be held on **Tuesday & Thursday evenings, the 4th & 6th of November.**

6:45 PM start to around 9:10 PM. **Different venue:** 15 York St., Subiaco.

The cost is \$195 pp. Discounts for pensioners, groups, etc.

Registration: Call **Peter Graham** on **9381 4112** to **book your place** or for an **Info Pack**, or for more details, visit www.integrative-clearing.com.au

Recurring or continual **stress, fears, anger, sadness, self-esteem** and/or **performance issues** or **similar** are all wholly or partly made up of OLD (repressed) *negative feelings and emotions, negative or limiting beliefs, and/or unresolved painful memories.* **Inconvenient fact: They will keep coming up until you resolve them. Are you ready?**



Peter Graham is Western Australia's **only certified EFT Master**, the highest EFT credential. He is an experienced Counsellor and Relationship Coach with over twenty years experience. Peter does **private (one-on-one) EFT sessions** and runs **EFT workshops (Levels 1 to 3)**. He is also trained in 3 other energy techniques: TFT, BSFF and TAT. EFT is his primary technique.

What is EFT?

The Emotional Freedom Technique is the most widely used **energy or meridian technique** in the world and is used by many tens of thousands of people to eliminate **negative emotions and feelings**, remove attachments to **limiting beliefs** and dissolve accumulated **emotional pain**. Ref. www.theamt.com.

EFT **can be easily self-applied** and is **easy to learn** and you can use it with friends, kids, etc.

EFT is known as "**emotional acupuncture**" and is an advanced "tapping technique". This powerful but simple technique **gets to the core of an issue** by **clearing the negative energy** in the body's **energy system**.

EFT is an amazingly effective tool for **emotional clearing** and **personal growth**. It has **many uses** incl.

- Effectively and rapidly **reducing stress**
- Healing accumulated **emotional pain**
- Enhancing **performance** in sport, work, etc.
- Facilitating **personal and spiritual growth** and
- Finding **inner peace**.

EFT Endorsements

"EFT offers great healing benefits" - **Deepak Chopra** MD, author of over 40 books;

"EFT and the Law of Attraction are Best Friends" - **Michael Losier**, author of "**Law of Attraction**";

"EFT is at the forefront of the new healing movement" - **Candace Pert**, PhD author of "**Molecules of Emotion**" and featured in the movie "**What the Bleep Do We Know**";

"I frequently use EFT for my patients with great results." - **Dr Eric Robins**, MD co-author of "**Your Hands Can Heal You**";

"EFT is destined to be a top healing tool for the 21st Century" - **Cheryl Richardson** scientist and author of "**The Unmistakable Touch of Grace**";

Visit www.emofree.com to view a **7 minute video on EFT**.

EFT Workshop Feedback

"It is great to experience first-hand how EFT eliminated emotional traumas in myself and others in next to no time" – Marilena.

"So beneficial, it is close to magical. The workshop was great - new level of ease and professionalism." - name withheld.

"Quick, effective and very powerful. My anxieties dropped so quickly (in intensity), then disappeared" - Kelly C.

"Totally amazing. One of the most valuable things I have ever done." – Carla van Raay.

"EFT got to a very deep hidden issue plaguing me all my life and cleared it in 15 minutes. Amazing!" Ivy.

"Once I came to the realization that my emotional problem was deep anger, with Peter's help and EFT, it just went." – Ann.